

BSS CROSS COUNTRY PRACTICE & MEET SCHEDULE

PRACTICE SCHEDULE

The first Sunday practice is on August 19th at 5:00 PM. The Sunday run locations to be determined week to week and although not mandatory they are necessary for competing in meets.

Regular weekday practices are Tuesday's from 3:00 PM to 4:15 PM

MEET AND 5K SCHEDULE

Date	Time	Length	Location
Thursday, September 6, 2018	3:30 PM		Cedarock Park, 4242 R. Dean Coleman Rd, Burlington, NC 27215
Monday, September 10, 2018	4:00 PM	2 miles	Bradford Academy, 939 S Third St, Mebane, NC 27302
Tuesday, September 18, 2018	4:00 PM	POSTPONED	Sacred Heart, 385 Lumen Christi Lane, Salisbury, NC 28147
Wednesday, October 10, 2018	4:00 PM	1.86 miles	Sacred Heart, 385 Lumen Christi Lane, Salisbury, NC 28147
Saturday, October 20, 2018	8:30 AM	3.1 miles	Williams High School, 1307 S Church St, Burlington, NC 27215